

SUMMER ADVENTURE

In addition to TWP workshops, recreational activities and amenities will be provided by the Norfolk Department of Recreation, Parks & Open Space. Kayaking, rock-wall climbing, swimming, skateboarding, music/voice lessons, spoken word, video games, Wii® and picnics are just some of the activities and outings planned. All campers are eligible to participate in on-site activities. However, all field trips are reserved for those who have earned these incentives.

FIELD TRIP TRANSPORTATION

Supervised, round-trip transportation to and from the camp location will be provided by a private bus line. Some field trip transportation will be by light rail and HRT busses. Daily transportation to and from the camp location is not provided. Leaders will not, under any circumstance, transport any camper to or from their home or any location.



Camp INSPIRED 2013

For more information, visit
www.twpthemovement.org
or call Norfolk Recreation, Parks &
Open Space at
(757) 747-2679.

2013 Camp Inspired Sponsors:

RECREATION, PARKS & OPEN SPACE



N O R F O L K

Life. Celebrated Daily.



Camp INSPIRED 2013



A Free Camp for Teens

City of Norfolk
Middle & High School Students
Rising Grades 7th - 12th

Advanced Registration Required

OVERVIEW

Camp Inspired is a curriculum-driven, teen leadership program offered free-of-charge. Camp Inspired gives teens a unique summer experience, including outdoor activities, field trips, visual and mass media art, photography, videography, guest speakers, cook-outs and so much more! Most importantly, Camp Inspired is led by powerful, passionate teen peer leaders, supported by an adult team, who mentor other teens regarding issues that they face on a daily basis to include, self-esteem, bullying and STDs. Campers will utilize skits, role play, games, quizzes and videos as they develop important life skills such as healthy decision-making, leadership skills, positive self-esteem, career development and entrepreneurship, as part of TWP's Learn 2 Lead. In addition, camp includes a health-education component. This year's program will utilize Yes Dare to Dream's evidenced-based curriculum approved by the US Department of Health and Human Services and curriculum sponsored by Lighthouse Outreach, Inc .

Upon completion of Learn 2 Lead, campers will qualify to join TWP's Peer Facilitators & Mentors-in-Training Team, which makes them eligible to assist and co-facilitate during TWP community workshops; plan teen edutainment events; continue training provided to TWP Members year-round; and receive incentives.

Camp Schedule

Monday, Wednesday, Thursday	<ul style="list-style-type: none"> • Learn 2 Lead • Lunch • Game Systems Action • Special Guests* • Shut It Down (Campers choice of closing activity) • Parents appreciation and graduation**** will be second Thursday of each camp
Tuesday	<ul style="list-style-type: none"> • Students' Choice: <ul style="list-style-type: none"> • Athletics • Technology • Photogrpahy • Performing Arts • Lunch • Students' Choice: <ul style="list-style-type: none"> • Athletics • Technology • Photogrpahy • Performing Arts • Shut It Down (Campers choice of closing activity)
Friday	<ul style="list-style-type: none"> • Field Trips**

***Special Guest Artists:** Workshops include photography, spoken word, drama, dance, music and visual arts.

****Field Trips:** Include activities such as rock-wall climbing, swimming, laser tag and kayaking. Eligibility requirements apply.

*****Certification Eligibility:** Completion of *Learn 2 Lead* training and full camp attendance required.

REGISTRATION

Camp Location:

Vivian C. Mason Teen Center
700 E. Olney Road
Norfolk, VA 23504

Eligibility:

- Participants must be City of Norfolk residents in rising grades 7-12.
- Registration is accepted on a first come, first served basis.
- Campers must agree to attend the complete two-week period.
- Campers may request to attend more than one session if space allows.
- Enrollment: Min. 20; Max. 30
- Camp Four, *Camp Inspired: The Sequel*, is only open to returning Camp Inspired participants.

Dates & Times

Choose one of four, two-week camps.
Hours: 9:30a-4:30p Daily

Camp 1	Mon-Fri	6/17-6/28
Camp 2	Mon-Fri	7/08-7/19
Camp 3	Mon-Fri	7/22-8/02
Camp 4*	Mon-Fri	8/12-8/23

How to Register:

Registration forms available at
www.Norfolk.gov/rpos.

Return completed registration form to:
Norfolk Recreation, Parks & Open Space
Attn: Camp Inspired
700 E. Olney Road
Norfolk, VA 23504

For assistance with registration or more information, call (757) 747-2679.

Registration Deadlines:

Camp 1: 5/28	Camp 3: 7/01
Camp 2: 6/17	Camp 4: 7/22